



# Henderson County Family YMCA Splash Swim Team

Recreational Swim Team for ages 6 and up

Come join the fun and be a part of the Y's recreational swim team. Emphasis will be on improving stroke technique and fitness for the beginner and intermediate swimmer, with an informal introduction to competitive swimming, while still having fun.

**Practices:** Monday- Thursday 3:45- 4:45 PM

**Session 1 fee:** \$60- Y members' \$80- non members

**Session 2 fee:** \$40- Y members' \$60- non members

**Session 1:** October 15, 2018 - December 13, 2018

**Session 2:** January 7, 2019- February 14, 2019

**Coaches:** Katharine Hill, Jessi Booze, and Kay Underwood

**No practices will be held when school is out for any reason or during winter break.**

After the first day of practice, we require that parents remain off the pool deck during practice times; this is for the benefit of the swimmers. Parents have the option to view practices in the meeting room via closed circuit television or utilize the workout facilities, if YMCA members. The coaches and lifeguards will be on deck at all times to ensure swimmer safety.

There is free bus service for all kids to the YMCA. For more information please contact the YMCA. A team social will be held at the end of the sessions, with recognition for each swimmer. An intrasquad and at least one competitive meet will be part of every session. The Y will provide 1 set of goggles for each swimmer. Competition style swim suits will be optional. Parents are expected to volunteer help with swim meets and team activities.

\*Swimmers must be able to swim 1 full length of the main pool freestyle without assistance, or stopping. If swimmers don't make the full length, they can sign up for the next group swim lessons or private swim lessons.\* Swimmers are encouraged, but not required to attend all practice sessions.

For additional information, please contact Katharine Hill, Aquatics Director at 270-827-9622.

## Swim Team Registration

Swimmer Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/ Guardian Names: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work/ Cell: \_\_\_\_\_

Parent Email Address: \_\_\_\_\_

### **Waiver, Release & Permission Agreement**

As the parent/ guardian of a child participating on the YMCA Swim Team, I hereby release and hold harmless the Henderson County Family YMCA, its employees and volunteers from any and all such claims or actions I may have, as a result of illness, injury or death my child, or any family member may have from direct or indirect participation on the swim team

Parent/ Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

The Henderson County Family YMCA **does not carry medical insurance coverage** for any individual or group that may be injured while using any equipment or participating in any program or event.