



Main Pool Schedule

YMCA Mission: "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."

01/02/19	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 AM	OPEN AND LAP SWIM						
7 AM							
8 AM						8:30am Open & Lap Swim	
9 AM							
10 AM							
11 AM							
12 PM							12:15 Open & Lap Swim
1 PM	Pool closed 1pm-4pm for cleaning and maintenance Monday-Friday Only.					Open and Lap Swim	
2 PM							
3 PM							
4 PM	YMCA Swim Team and High School Swim Team 3:45pm-6:00pm ONE LAP LANE OPEN October, 15 2018-February, 14 2019 MONDAY-FRIDAY					4:15pm Pool Closes	Open & Lap Swim
5 PM							5:15pm Pool Closes
6 PM	Open and Lap Swim	Lap Swim & Aqua Aerobics 6:05-7:05 shallow end	Open and lap swim	Lap Swim & Aqua Aerobics 6:05-7:05 shallow end	Open and Lap swim 6:45 Pool Closes		
7 PM							
7:45 PM	Pool Closes						

- Pool will only open after the Lifeguard turns on the lights, does a walk through and checks chemical readings.
- There are lap lanes available anytime the pool is open and while swim team & classes are in session unless specifically noted.
- See opposite side for pool usage guidelines.
- For more information, visit our website: www.hcfymca.com