



2021

JULY

AEROBICS ROOM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1ST	2ND
	We will be closed Sun. July 4th! Have a safe and Happy 4th of July!		5:30 PM YOGA	
5TH	6TH	7TH	8TH	9TH
5:30 PM YOGA			5:30 PM YOGA	
12TH	13TH	14TH	15TH	16TH
5:30 PM YOGA		10:30 AM SILVER SNEAKERS	5:30 PM YOGA	
19TH	20TH	21ST	22ND	23RD
5:30 PM YOGA		10:30 AM SILVER SNEAKERS	5:30 PM YOGA	
26TH	27TH	28TH	29TH	30TH
5:30 PM YOGA		10:30 AM SILVER SNEAKERS	5:30 PM YOGA	